HISD MEDIA ADVISORY

HISD Nutrition Services to celebrate National School Lunch Week on Oct. 14-18

WHAT:

HISD Nutrition Services chef trainers will showcase one of their newest recipes — General Tso's Chicken — during a special live cooking demonstration and food sampling session held at De Chaumes Elementary School in celebration of National School Lunch Week.

National School Lunch Week, which kicks off on Oct. 14, celebrates the importance of a healthy school lunch. This year's theme — "What's on Your Playlist?" — highlights the variety of flavors and dishes offered in today's school lunches.

Media are invited to De Chaumes Elementary School, where they can sample the new recipe and interview chef trainers and participating students and staff during the lunch.

Additionally, Nutrition Services is hosting a student jingle contest to raise awareness about the importance of eating healthy food. Students are encouraged to create an original jingle or rap that is 45 seconds or less and mentions "Good Food" and "HISD Nutrition Services." Video submissions should be tweeted at @HISDNutri or emailed to HISDNutritionServices@houstonisd.org by 5 p.m. on Oct. 25.

WHO:

De Chaumes Principal **Enedith Silerio**, HISD Nutrition Services Officer **Betti Wiggins**, Executive Chef **David Husbands**, Dietitian **Shelby Burke**, and chef trainers, as well as De Chaumes students and staff

WHEN: Wed., Oct. 16

10:20 a.m. - 12:44 p.m.

WHERE: De Chaumes Elementary, 155 Cooper Road, 77076

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The Houston Independent School District is the largest school district in Texas and the seventh-largest in the United States, with 284 schools and more than 214,000 students. The 333-square-mile district is one of the largest employers in the Houston metropolitan area, with more than 27,000 employees.

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